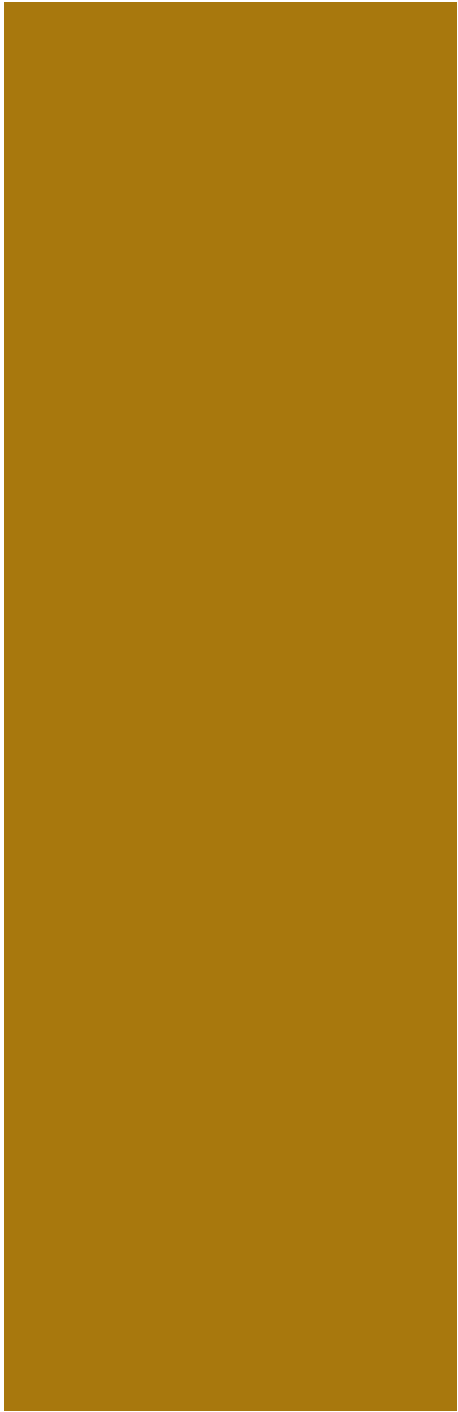


JUNE 2023

**CHARTER
BOARD BUZZ**

The official newsletter of the SCSB



EXECUTIVE DIRECTOR'S MESSAGE



Dear Charter School Community,
As we near the end of the school year, I want to express my heartfelt appreciation for your dedication and commitment to your students' education. Together, we have faced challenges and celebrated successes, always staying true to our values. Your unwavering dedication has empowered our students to embrace their authentic selves and pursue their dreams fearlessly. As we enter the summer break, I want to express my gratitude for your invaluable contributions. Take this time to recharge, explore your passions, and enjoy the simple pleasures of life. Your well-being matters as much as the work you do for our charter schools. Thank you for being the heart and soul of your community. Your authenticity has set the stage for a bright future. I look forward to our continued journey together. Wishing you all a wonderful summer!
-Jennifer

BOARD MEETING HIGHLIGHTS

May:

The SCSB received the annual School Land Trust presentation.

A Readiness to Open review was presented for John Hancock Charter School's Eagle Mountain campus.

The SCSB reviewed a procedure policy, which is now posted for public comment on the SCSB website.

The board worked on their strategic plan. Catch up anytime on our YouTube channel

www.youtube.com/UtahSCSB



Amber Partridge, Paraprofessional
Wallace Stegner Academy SLC Campus

Emma Giauque, who is a SLT, nominated Ms. Partridge. She wrote, “Amber recognizes that teaching goes beyond getting kids to solve problems on a worksheet- she builds a personal relationship with every student. She knows each of her students likes and dislikes, things about their families, hobbies and interests... and she has become a teacher of trust with both her students and their families. With Amber, these students who were previously struggling to sit through a class are thriving and excited to be at school. Amber is an inspiration and role model of what the teaching profession should look like.

NOTES FROM THE SCSB

As the school year draws to a close, it's time to step back, breathe, and find unique ways to relax and recover from the demands of the past months. Here are some clever and often overlooked approaches to rejuvenate your mind, body, and spirit:

1. **Art Therapy:** Engage in the therapeutic power of art. Whether it's painting, sculpting, or simply doodling in a sketchbook, the act of creating can be incredibly therapeutic. Allow your imagination to roam free and let the colors and textures guide your journey to relaxation.
2. **Forest Bathing:** Discover the Japanese practice of Shinrin-Yoku, or forest bathing. It involves immersing yourself in the natural surroundings of a forest, fully engaging your senses. Leave your devices behind and connect with the healing powers of nature, allowing it to replenish your spirit.
3. **Sound Healing:** Explore the world of sound healing. Seek out sound baths or meditative sessions that use various instruments like Tibetan singing bowls, gongs, or crystal bowls to induce deep relaxation and rejuvenation. Let the vibrations wash over you, soothing your mind and body.
4. **Laughter Therapy:** They say laughter is the best medicine, and it holds true for stress relief as well. Engage in activities that tickle your funny bone, be it watching a comedy show, sharing jokes with friends, or even joining a laughter yoga class. Laughing releases endorphins, instantly lifting your mood.
5. **Floatation Therapy:** Experience the weightless sensation of floatation therapy. In a floatation tank filled with warm saltwater, you can effortlessly float and disconnect from the external world. It promotes deep relaxation, reduces stress, and enhances mental clarity.
6. **Aromatherapy:** Explore the power of scents to soothe and heal. Essential oils like lavender, chamomile, or peppermint can be used in diffusers, baths, or massage oils to create a calming and rejuvenating ambiance. Let the fragrances transport you to a place of serenity and peace.
7. **Ecstatic Dance:** Release stress and rejuvenate through the power of movement. Ecstatic dance sessions provide a space to express yourself freely, uninhibited by choreography or judgment. Lose yourself in the rhythm of the music, allowing your body to flow and unwind.
8. **Mindful Eating:** Transform your mealtime into a mindful experience. Instead of rushing through meals, savor each bite, paying attention to the flavors, textures, and smells. Engage all your senses and cultivate gratitude for the nourishment you provide your body.
9. **Volunteering:** Dedicate some time to giving back to your community. Engaging in volunteer work allows you to shift your focus away from daily stressors and contribute to causes that resonate with you. The act of helping others can be incredibly fulfilling and rejuvenating.

By exploring these unique approaches to relaxation and recovery, you can tap into new sources of rejuvenation that go beyond the conventional methods. Remember, self-care is an ongoing journey! Happy relaxing! -The Support Team

LET'S NETWORK

Learning who's who in our charter world

SPOTLIGHT: SCSB MEMBER

You've met them all through our newsletter this year! Do you remember who is who?



SPOTLIGHT: CHARTER DIRECTOR

Julie Adamic, John Hancock Charter School

I have been with John Hancock Charter School for 21 years, with an additional 2 years of development.

I began my educational career as a middle school

English teacher at Dixon Middle School in Provo School

District. I have spent over 20 years dedicated to charter schools by serving on the board of UAPCS, Utah State Charter School Board, multiple education committees, the UCN board, and mentoring charter schools throughout the state.

I love watching our students enjoy learning, making memories, and friendships that will last them for the rest of their lives. I love supporting teachers so they can bring their best selves to the classroom every day. I love being a resource for parents. There are very few things I don't like about my job.

My favorite way to relax is getting a pedicure at least once a month, traveling, and riding my ATV.

Knowing this summer would be crazy we enjoyed a few days in Kauai in February. This summer I am looking forward to the grand opening of our Eagle Mountain campus. We have so much to do to create a top-notch learning experience for our new students.



SPOTLIGHT: CHARTER BOARD MEMBER

Jeanné Condie, Merit Academy

My family started attending Merit Academy in August 2020.

I joined the Merit Academy Board of Trustees in May 2022,

so I just passed my year mark. I had no idea what a school

board was when I joined, but I quickly got up to speed

as the secretary and now president-elect of the board for next year.

I have a Bachelor's degree in secondary English teaching from BYU. I used my degree as a tutor and homeschool co-op teacher for many years. I also volunteered with the PTA of my children's elementary and middle schools, holding various roles, including president of the middle school PTA. I now run a piano studio from my home.

My favorite part of being on the school board is working closely with the awesome people who want to see Merit succeed. There are some inspiring adults in the community surrounding the Academy, and I'm blessed to learn from their strengths and abilities and I'm glad to call them my friends.

My favorite way to relax is to read! It's why I majored in English, although my current tastes run more to fast reads like cozy mysteries and rom-coms that don't take a lot of thought than to deep literature. I really want happy endings these days as an antidote to the stresses of everyday life.

The summer is the best time to play all the pickleball possible, and I'm looking forward to playing regularly. My kids are old enough now to be competitive, so it's a great family game that we can all play together. I also play weekly with friends, and it's a highlight of my social calendar each week.



SPOTLIGHT: CHARTER BUSINESS MANAGER

Brad Wilkinson, Summit Academies

I have been at Summit Academy since July 1, 2020- so approaching 3 years

I have a degree and background in Accounting. I worked as an auditor for 6 years and school finance for 8 years.

One of my favorite aspects of my role at Summit is having our offices on campus and being involved in the day to day with not only staff but students as well.

My favorite way to relax is by being involved with baseball. I enjoy watching, playing, and coaching.

This summer I am looking to my one week off where I will go to Philadelphia with my family.



SPOTLIGHT: SCSB STAFF

Lisa Cooper-Loock, Financial Support Specialist

How long you have been with the SCSB? 8 months

What is your background in? Accounting

What is your favorite part of your role with the SCSB? Working with the boards seeking to put in proposals for new schools. I enjoy seeing their enthusiasm and hearing their stories as they seek to bring their ideas for new schools to life here in Utah.

What is your favorite way to relax?

Getting together with friends and catching up over a good meal.

What is one thing you are looking forward to this summer? Camping and trail riding with my husband.



SPOTLIGHT: CHARTER TEACHER

April Thompson, Lakeview Academy

How long has the teacher been with the school? 16 years

What is their background in? Ms. Thompson has extensive background in the private sector with regards to Biology. She also was a founder of Lakeview Academy who later became a teacher to help the mission of the school come to life and engage our students in the very best instruction in the sciences.

What is their favorite part their job? Ms. Thompson has a great love for every student. She makes connections with every single one and stives to see them succeed in her class and in life. They are the reason she is here.

What is their favorite way to relax? Her favorite way to relax is spending time in a good book, with a warm blanket, and some good food.



Have a great summer! All of our trainings and the newsletter will start back up in August. If you need anything in the meantime, please reach out to the SCSB staff. We will be here all summer to help you!